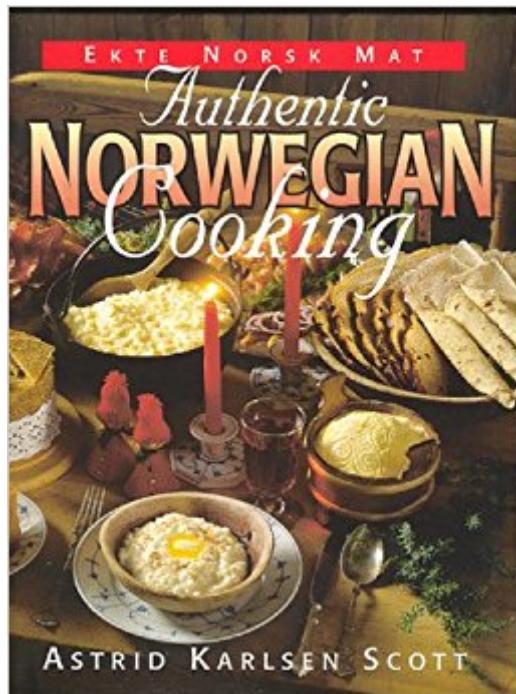


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# Authentic Norwegian Cooking



## **Synopsis**

More than 300 authentic recipes gathered from throughout Norway. 208 pages, 16 pages in full color, hardback. Appetizers, main courses, breads, lefser, flatbread, soups, salads, desserts, pastries, cakes, cookies and candies. Special Help chapter, Party chapter, source section, temperatures, weights and measures conversions. English and Norwegian headings with separate index.

## **Book Information**

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## **Customer Reviews**

"Authentic Norwegian Cooking is ideal for Norwegian descendants interested in keeping alive their culinary heritage or the global gourmet in his/her endless search for new and interesting cuisine. The author should be complimented on the genuinely Norwegian feel she has given to this book, the subject is clearly close to her heart." -- The International Cookbook Revue"Authentic Norwegian Cooking is magnificent! I am powerfully impressed with both the comprehensive contents and the information about Norwegian food culture, good recipes, lavish pictures, and attractive layout. This is a brilliant piece of marketing for Norway." -- Ingrid Hovig Espelid, Norway's TV Chef, known as Norway's Julia Child"Authentic Norwegian Cooking is sure to become a bible for the Norwegian Cuisine on this continent, USA." -- Scandinavian Press

Born and raised Oslo, Norway. Emigrated to USA in her teens. Returned to Norway often as a tour director, to do research and filming. She has written 6 books and produced/directed 2 videos on Norwegian traditions and foods. Food editor for International Sons of Norway Magazine 1989-1998. Contributing editor to Norway Times and correspondent for Western Viking newspapers. She is a

member of IACP International Association of Culinary Professionals.

This is a very good cookbook for anyone interested in Norwegian cooking. The author explains a number of key issues in making traditional dishes (including rommegrot), and provides truly authentic recipes. The food in the cookbook very good. The desserts are rich, and just about every major ethnic dish expected (Troll cream, lutefisk, rommegrot, etc). The book even has a detailed section on ways to fold napkins. I am a fairly adventuresome eater, and this may lead to one caution with this book. Many books have conservative portions for desserts. Not this one. It is better if you are not quite sure how rich a dessert is to follow the recommended portion sizes....Scandinavian cooking is underrated as international cuisine goes. I have to give this cookbook five stars and recommend it to everyone.

From simple breads (like lefse) & meats to complex cakes, this book has them all. Tips & cooking tricks are included. I prefer some of my grandmom's recipes, but this filled in a lot of gaps. Very glad I bought it!

To me, growing up in a Norwegian family, many of these recipes are familiar and comforting. It was nice to find them gathered in a single place. It's not easy for me to judge if non-Norwegians will find the recipes as interesting as those raised with traditional meals might. Norwegian cooking could be perceived to be on the bland side. I once heard Rene Zellweger describe it as "everything white and boiled". It's not quite that bad but it's heavier on comfort, like potato dumplings and less on haute cuisine.

It's one of my favorite cookbooks. Being a norwegian descendent I love norwegian food. Astrid Karlsen Scott's "Authentic Norwegian Cookbook" made finding good food easy. The book contains lots of pictures so you can compare yours with hers. Her cookbook offers easy to follow recipes so anyone with cooking skills can follow. I thought this was the greatest cookbook for norwegian food I've come across so far!

Thank you so very much for making this cookbook available. It is more than I thought it would be. The recipes are outstanding, the photo sections attractive & the illustrations lending character to the charm of the book. Again I thank you.

Nice book, too busy to start cooking up any of the recipes yet, but the condition of the book was very acceptable. I received it quickly. I am happy with the purchase.

My mom and I are into family history research and found out that we have relatives and many ancestors from Norway. We decided to purchase this book as well as "Scandanavian Cooking and "The Great Scandanavian Baking Book" and make some of the food that our ancestors would have made. This was such a fun bonding experience and I definitely recommend this book! I have to say that I preferred "Scandanavian Cooking" over this book, however. I found the recipes were more do-able. For example in this book a recipe using reindeer is listed. I'm not ever sure where you would even find reindeer meat! Plus if the kids ever found out--- I can only imagine what they would think of me cooking Santa's reindeer for dinner! haha. I still did enjoy this book though and would recommend.

Being of Norwegian descent, this is a good guide. I purchased it for a friend whose heritage is also Norwegian.

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